

ECHO
ALBUQUERQUE
FREE FOOD
FOR *Seniors*
AGES 60 AND OLDER



CSFP - Commodity Supplemental Food Program
provides nutritious food monthly to supplement seniors
at risk of malnutrition.

CSFP Income Guidelines

No. of Household Members	Monthly Income
1	\$1,473
2	\$1,984
3	\$2,495
4	\$3,007

ECHO Albuquerque reaches more
communities like: Belen, Bernalillo, Grants,
Jemez, Espanola, Ranchitos, & Santa Fe

Documents you will need to apply:

- Picture ID (for proof of age)

Give us a call for any questions

ECHO ALBUQUERQUE FREE FOOD FOR SENIORS
300 MENAUL BLVD NW #226 ALBUQUERQUE, NM 87107
505-242-6777 | INFO@ECHOINC.ORG
WWW.EHOINC.ORG
FOLLOW US ON FACEBOOK! @ECHOABQ

SANTA CLARA TAILGATE -
NATIONAL GUARD ARMORY
DATES 2022
MAY 9
JULY 5
SEPTEMBER 12
NOVEMBER 2

SILVER CITY REC. CENTER
DATES 2022
MAY 16
JULY 18
SEPTEMBER 26
NOVEMBER 14

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PERSONS WITH DISABILITIES WHO REQUIRE ALTERNATIVE MEANS OF COMMUNICATION FOR PROGRAM INFORMATION (E.G. BRAILLE, LARGE PRINT, AUDIOTAPE, AMERICAN SIGN LANGUAGE, ETC.), SHOULD CONTACT THE AGENCY (STATE OR LOCAL) WHERE THEY APPLIED FOR BENEFITS. INDIVIDUALS WHO ARE DEAF, HARD OF HEARING OR HAVE SPEECH DISABILITIES MAY CONTACT USDA THROUGH THE FEDERAL RELAY SERVICE AT (800) 877-8339. ADDITIONALLY, PROGRAM INFORMATION MAY BE MADE AVAILABLE IN LANGUAGES OTHER THAN ENGLISH.

TO FILE A PROGRAM COMPLAINT OF DISCRIMINATION, COMPLETE THE USDA PROGRAM DISCRIMINATION COMPLAINT FORM, (AD-3027) FOUND ONLINE AT: HOW TO FILE A COMPLAINT, AND AT ANY USDA OFFICE, OR WRITE A LETTER ADDRESSED TO USDA AND PROVIDE IN THE LETTER ALL OF THE INFORMATION REQUESTED IN THE FORM. TO REQUEST A COPY OF THE COMPLAINT FORM, CALL (866) 632-9992. SUBMIT YOUR COMPLETED FORM OR LETTER TO USDA BY:

- (1) MAIL: U.S. DEPARTMENT OF AGRICULTURE
OFFICE OF THE ASSISTANT SECRETARY FOR CIVIL RIGHTS
1400 INDEPENDENCE AVENUE, SW
WASHINGTON, D.C. 20250-9410;
- (2) FAX: (202) 690-7442; OR
- (3) EMAIL: PROGRAM.INTAKE@USDA.GOV.

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