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FOOD DRIVE

ECHO Food Bank

Make the biggest impact with your food drive by donating some of the most needed items.

Items Needed Most:

Protein

Chicken (canned)
Tuna (canned or packets)
Meat Stew with Vegetables or Beans
Peanut Butter (great protein source for kids & seniors!)

Canned Pasta

Pasta with Meat Sauce or Ravioli

Canned Vegetables

Green Beans
Peas
Carrots
Spinach
Corn

Other Items Needed:

Soups
Canned or Powdered Milk
Macaroni & Cheese
Rice
Canned Fruits
Cereal
Juices
Dry Pinto Beans
Flour
Sugar

Your donation benefits 1 in 6 people struggles with food insecurity (meaning they don't know where their next meal will come from).

With your help, ECHO Food Bank will be able to provide many nutritious meals to people in need!

Thank you for choosing to make a difference with us and help our neighbors in need.

Together we can empower our community to thrive!

www.echoinc.org