New Mexico Commodity Supplemental Food Program (CSFP)

Northwest Region
Economic Council Helping Others, Inc. (ECHO, Inc.)
401 S. commercial St., Farmington NM 87401
505-326-3770

Central and Northeast Regions
Economic Council Helping Others, Inc. (ECHO, Inc.)
300 Menaul Blvd NW, Ste. 226, Albuquerque, NM 87107
505-242-6777

Southwest Region
Loaves and Fishes
320 Southgate Court, Las Cruces, NM 88005
575-523-1272
The Wellness Coalition
524 E. De Moss, Lordsburg, NM 88045
575-956-3056

Southeast Region
Salvation Army
207 Chisum St., Roswell, NM 88201
575-625-2030

New Mexico Department of Human Services
Food and Nutrition Services Bureau
1425 William SE, Albuquerque, NM 87102-4661
505-841-2693 or 505-841-2690

“In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at http://www.ascr.usda.gov/complaint_filing_suct.html, and at any USDA office or write a letter addressed to the USDA and provide in the letter all of the information requested in the forms. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Ave, SW, Washington, D.C. 20250-9410; (2) Fax: (202)690-7442; or (3) Email: Program.intake@usda.gov. This institution is an equal opportunity provider.
CSFP - Commodity Supplemental Food Program

NM HSD partners with community organizations throughout the state to provide a box of nutritious food to supplement the diet of elderly persons who may be at risk for malnutrition. There are currently 5 regional centers and 116 tail gate sites located throughout the state who distribute a monthly box of food to eligible persons 60 and older. Call the nearest regional center (see back page) for more information on eligibility, and to find the location closest to you.

Four contractors support all 33 NM counties. They are:
- ECHO, Inc. (Bernalillo, Colfax, Cibola, Guadalupe – Santa Rosa, Harding, Los Alamos, McKinley, Mora, Quay, Rio Arriba, San Miguel, San Juan, Sandoval, Santa Fe, Socorro, Taos, Torrance, Union and Valencia)
- Loaves & Fishes, Inc. (Sierra, Luna and Dona Ana)
- The Wellness Coalition (Catron, Grant and Hidalgo)
- The Salvation Army Roswell Corps (Chaves, Curry, De Baca, Eddy, Guadalupe-Vaughn, Lea, Lincoln, Otero and Roosevelt)

Monthly Food Package

<table>
<thead>
<tr>
<th>Commodity</th>
<th>Available</th>
<th>Food Group Package</th>
<th>Number of Items</th>
</tr>
</thead>
<tbody>
<tr>
<td>Canned Meat: beef, chicken, fish</td>
<td></td>
<td>24-29 oz., can</td>
<td>1</td>
</tr>
<tr>
<td>Canned Vegetables</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low sodium</td>
<td></td>
<td>16 oz. can</td>
<td>4</td>
</tr>
<tr>
<td>Canned Fruits</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Low sugar</td>
<td></td>
<td>16 oz. can</td>
<td>2</td>
</tr>
<tr>
<td>Cereal: Ready to eat, assorted</td>
<td></td>
<td>14-18 oz.</td>
<td>2</td>
</tr>
<tr>
<td>box</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheese</td>
<td></td>
<td>2lb. carton</td>
<td>1</td>
</tr>
<tr>
<td>UHT Fluid 1% Milk</td>
<td></td>
<td>32 oz.</td>
<td>2</td>
</tr>
<tr>
<td>Powdered Milk, every other month</td>
<td></td>
<td>25.6 oz. bag</td>
<td>1</td>
</tr>
<tr>
<td>Pasta, Rice or Potatoes</td>
<td></td>
<td>2lbs.</td>
<td>1-2</td>
</tr>
<tr>
<td>Dry beans 1 lb. bag or Peanut Butter</td>
<td></td>
<td>18 oz. jar</td>
<td>1</td>
</tr>
<tr>
<td>Fruit Juice</td>
<td></td>
<td>64 oz. bottle</td>
<td>2</td>
</tr>
</tbody>
</table>

How Do I Qualify for CSFP?

Eligibility Requirements
- Adults 60 years of age and older
- Residency: must live within the service area at the time of application for services.
- Income Eligibility Requirement: up to 130% of the Federal poverty guidelines published annually by the Department of Health and Human Services

How Do I Apply for CSFP?

Applications are available at the warehouses and distribution sites. To apply for CSFP benefits the applicant or caretaker of the applicant must provide the following information on the application:
- Proof of age and identity: driver license or picture ID
- Proof of residency: physical address included on mail such as a utility bill
- Income eligibility: Social Security Award letter, retirement income statement, annuity statement, employment pay stub or any document that includes gross income for everyone in the household.

Households seeking food assistance are frequently eligible for other assistance programs that may provide much needed resources. These programs include The Emergency Food Assistance Program (TEFAP), the Supplemental Nutrition Assistance Program (SNAP) and non-nutrition programs like Medicaid, the Medicare Savings Program (MSP) and the Low Income Home Energy Assistance Program (LIHEAP). These programs are available through the Income Support Division county offices and on line at https://www.yes.state.nm.us.