New Mexico Commodity Supplemental Food Program

(CSFP)

Northwest Region

Economic Council Helping Others, Inc. (ECHO, Inc.) 401 S. commercial St., Farmington NM 87401 505-326-3770

Central and Northeast Regions

Economic Council Helping Others, Inc. (ECHO, Inc.) 300 Menaul Blvd NW, Ste. 226, Albuquerque, NM 87107 505-242-6777

> Southwest Region Loaves and Fishes 320 Southgate Court, Las Cruces, NM 88005 575-523-1272 The Wellness Coalition 524 E. De Moss, Lordsburg, NM 88045

575-956-3056

Salvation Army 207 Chisum St., Roswell, NM 88201 575-625-2030

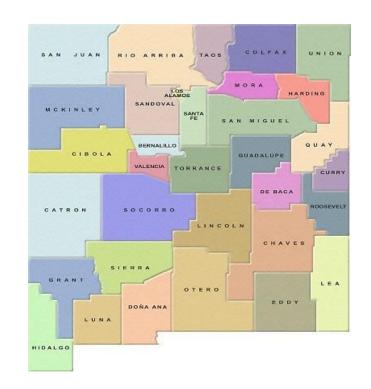
New Mexico Department of Human Services Food and Nutrition Services Bureau 1425 William SE, Albuquerque, NM 87102-4661 505-841-2693 or 505-841-2690

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New Mexico Commodity Supplemental Food Program For Seniors





CSFP- Commodity Supplemental Food Program

NM HSD partners with community organizations throughout the state to Provide a box of nutritious food to supplement the diet of elderly persons who may be at risk for malnutrition. There are currently 5 regional centers and 116 tail gate sites located throughout the state who distribute a monthly box of food to eligible persons 60 and older. Call the nearest regional center (see back page) for more information on eligibility, and to find the location closest to you.

Four contractors support all 33 NM counties. They are:

- ECHO, Inc. (Bernalillo, Colfax, Cibola, Guadalupe Santa Rosa, Harding, Los Alamos, McKinley, Mora, Quay, Rio Arriba, San Miguel, San Juan, Sandoval, Santa Fe, Socorro, Taos, Torrance, Union and Valencia)
- Loaves & Fishes, Inc. (Sierra, Luna and Dona Ana)
- The Wellness Coalition (Catron, Grant and Hidalgo)
- The Salvation Army Roswell Corps (Chaves, Curry, De Baca, Eddy, Guadalupe-Vaughn, Lea, Lincoln, Otero and Roosevelt)

Monthly Food Package

Commodity	Available
Food Group Package	Number of Items
Canned Meat: beef, chicken, fish	1
24-29 oz., can	
Canned Vegetables	4
Low sodium 16 oz. can	
Canned Fruits	2
Low sugar 16 oz. can	
Cereal: Ready to eat, assorted 14-18 oz.	2
box	
Cheese 2lb. carton	1
UHT Fluid 1% Milk 32 oz.	2
Powdered Milk, every other month	1
25.6 oz. bag	
Pasta, Rice or Potatoes 2lbs.	1-2
Dry beans 1 lb. bag or	1
Peanut Butter 18 oz. jar	
Fruit Juice 64 oz. bottle	2

How Do I Qualify for CSFP?

Eligibility Requirements

- Adults 60 years of age and older
- Residency: must live within the service area at the time of application for services.
- Income Eligibility Requirement: up to 130% of the Federal poverty guidelines published annually by the Department of Health and Human Services

How Do I Apply for CSFP?

Applications are available at the warehouses and distribution sites. To Apply for CSFP benefits the applicant or caretaker of the applicant must provide the following information on the application:

- Proof of age and identity: driver license or picture ID
- Proof of residency: physical address included on mail such as a utility bill
- Income eligibility: Social Security Award letter, retirement income statement, annuity statement, employment pay stub or any document that includes gross income for everyone in the household.

Households seeking food assistance are frequently eligible for other assistance programs that may provide much needed resources. These programs include The Emergency Food Assistance Program (TEFAP), the Supplemental Nutrition Assistance Program (SNAP) and non-nutrition programs like Medicaid, the Medicare Savings Program (MSP) and the Low Income Home Energy Assistance Program (LIHEAP). These programs are available though the Income Support Division county offices and on line at https://www.yes.state.nm.us.